

more than words

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Te Omanga Hospice
Te Whare Manaaki Tangata

News and views – March 2023

Welcome to our first newsletter of the year.

As I reflect on the last year, I continue to be amazed by the support and kindness of our wonderful community.

In the year ending 30 June 2022, your support made it possible for 561 patients, and their families living with a terminal or life-limiting illness in the Hutt Valley to receive the care they needed. You helped maintain our cars so nurses could complete 5,157 visits to patients in their own homes, provided nutritious and appetising meals to patients staying in our Inpatient Unit, ensured the building had power to operate, provided Art and Music Therapy, Bereavement Support Services and so much more. Thank you, your support and generosity truly makes a big difference in the lives of the patients and families we care for.

Each year we need to raise \$4 million to bridge the gap between Government funding and what it costs to run our service. As we continue to face increasing costs through rising inflation, our reliance on our community for financial support grows. Despite this we are overwhelmed with the ongoing support we receive, in a time we know is challenging for many others as well. We simply couldn't do this without you!

After the uncertainty of the last few years, with numerous disruptions and cancellations to our fundraising events, it is brilliant to see community



events back on this year! Our biggest fundraising event of the year, Vintners' Lunch is on Sunday 23 July 2023 at the Lower Hutt Events Centre. It's a much-anticipated event which raises vital funds to ensure delivery of our services. A personal highlight for me is meeting many of you who attend our events to support the Hospice.

Thank you again for helping make what we do possible.

On a final note, our thoughts are with those affected by the recent flooding events that have occurred throughout the North Island, including our fellow Hospice's. I acknowledge the impact this has had on people and communities and we wish everyone a safe recovery.

Warmest regards

Biddy Harford MNZM
Chief Executive
Te Omanga Hospice



Dr Matthew Lloyd and Dr Salina Iupati

ENHANCING PALLIATIVE CARE THROUGHOUT THE REGION

Te Omanga Hospice provides palliative care through a multidisciplinary team of specialist doctors, nurses, therapists and specially trained volunteers to those living with a terminal or life-limiting illness in the Hutt Valley. We also support the delivery of palliative care in Aged Residential Care facilities, the Hutt Hospital and in conjunction with General Practitioners.

Providing education, training and learning opportunities are an integral and valued part of everyone's role at Te Omanga Hospice. Medical Consultants at Te Omanga Hospice all hold Honorary Lecturer positions with the University of Otago. Some are also on the Otago Medical School Education Committee, where they contribute to ongoing education and curriculum development.

A significant aspect of this education is routinely hosting medical trainees at various stages of their training to increase the palliative care skills and knowledge of doctors across all disciplines. This includes Palliative Medicine Advanced Trainees, Registrars, House Surgeons, and undergraduate medical students. We also support non-specialist trainees to complete their Diploma of Palliative Medicine.

Those on rotation not only support the patients here at Te Omanga Hospice, they also take this knowledge into their own careers and specialist areas, thereby extending the reach of palliative care knowledge and skills further into communities. Te Omanga Hospice has also hosted General Practitioners who are interested in advancing

their palliative medicine knowledge. Additionally, Te Omanga Hospice is part of a tripartite training programme agreement alongside Mary Potter Hospice, and Capital, Coast and Hutt Valley Te Whatu Ora. This agreement provides Registrars specialising in palliative medicine, the opportunity to complete their entire training in the Hutt Valley and Greater Wellington region.

The positive outcomes of this training focus are clear. Te Omanga Hospice's Dr Salina Iupati, who also sits on the Australasian Specialist College Training Committee recalls, at times, reading patient referral notes from doctors who have previously been on rotation at Te Omanga Hospice. "The notes were very detailed and highlighted how the enhanced skills they learnt have been applied in their other workplaces. The training they receive also increases knowledge of what services Te Omanga Hospice provides to support those with life-limiting or terminal illnesses", says Salina.

Someone who is very familiar to the Te Omanga Hospice training programme is Dr Matt Lloyd. Matt's desire to pursue a career in palliative medicine developed during his training in his home country of Scotland. "Early in my training, I worked at a hospice in Dundee for four months and got a flavour of what it would be like to work within the field of palliative care. Over the next four years in the UK, I had other placement opportunities including The Christie Cancer Centre in Manchester which confirmed palliative medicine was what I wanted to do," says Matt.

Matt moved to New Zealand in 2016, and began his Community Care placement at Te Omanga Hospice in August 2022 after he completed his rotation at Mary Potter Hospice, and Capital, Coast and Hutt Valley Te Whatu Ora. Matt says the time he spent at Te Omanga Hospice helped him fine-tune his palliative care skills, working in an outpatient setting in homes within the community. "My placement experience was great, thanks to the broad spectrum of clinical experience from the staff, their wealth of knowledge, and the brilliant tuition and mentorship I received."

As a result of his positive experience during his time at Te Omanga Hospice, with four months of his training left, Matt accepted a role as our full time Medical Officer and is now working towards becoming a Medical Consultant. Matt praises the importance Te Omanga Hospice places on continuous learning and training "There is a great approach to formal education sessions, the medical team regularly meets to discuss cases or medical journal articles. There are plenty of opportunities to learn, and the team are also very supportive for us to pursue other education, to broaden our knowledge of palliative medicine, but also other fields as well".

A highlight for Matt is being able to pass on the knowledge he has learnt to students who come through on rotation, "We have students through the Hospice every week, I enjoy being involved in their education, and passing on the things I have learnt. Many of them are at the stage of their training where my passion for palliative medicine developed, so if I can guide them or help them in any way, I think that is really special", says Matt.

THANK YOU FOR SUPPORTING THE PATIENTS WE CARE FOR



Registered Nurse, Caroline with a new syringe driver

Syringe drivers are a key tool in providing pain management for our patients. Used in both our Inpatient Unit and patients' homes, they enable people to self-manage their pain medication, providing fast pain relief as required.

Te Omanga Hospice needs to replace aging syringe drivers and increase our supply to meet growing demand. As we do not receive funding for these, we are very grateful for our generous supporters and donors. A special thank you to the Dorothy L Newman Trust for funding a number of these syringe drivers, which helps to improve the quality of life for the patients we care for. We estimate that over the lifetime of these devices, they will assist more than 2,000 patients.

Giving our patients this autonomy over their pain-management control results in independence, increased ability to participate in their interests and activities, and assured ability to connect with loved ones.

The Hospice would also like to extend our thoughts to Sue Clothier, Trustee for the Dorothy L Newman Trust and her family, after the loss of Sue's brother, Michael Friend. Michael was a supporter of Te Omanga Hospice for many years and we are grateful for his, and Sue's generosity.

TE RĀ O TE RAUKURA



Despite the wet weather and the number of groups set to perform unable to get out of Auckland because of the flooding at the airport, the organising committee made the decision to continue the festival with a reduced programme. This was a relief to all, as this is the first time in three years the festival has been held.

The event, held at Te Whiti Park in February featured entertainment, fun activities, food, health and



wellbeing information and more. This event is an amazing opportunity for community engagement and the promotion of Hospice services.

Our team set up a space in the health tent, where we promoted our services, and interacted with the crowd through an art activity. A huge thank you to all those who donated, said hello and participated. Everyone loved the opportunity to place a flower in the bird bath in memory of someone they love.

The Te Rā o te Raukura organising committee very generously agreed to support Te Omanga Hospice, as their charity of choice, by donating stall registrations and other monetary koha to support our patients, their families and whānau.

HELPING US TO HELP OUR COMMUNITY



Community Registered Nurses, Karina and Sandie

In the 2021-2022 year, 1 in 3 people who died in the Hutt Valley were cared for by Te Omanga Hospice, and we supported 61% of patients who wished to die in their own home.

Our team travels over 100,000kms each year providing thousands of visits to patients in their own homes, giving specialist support to Aged Care Residential facilities and delivering psychosocial services such as counselling and social work.

For the Hospice to deliver these services we must replace our fleet vehicles once they reach 150,000kms or are 10 years old. Despite our palliative care service being an essential part of the healthcare system, we receive no Government funding to replace, fuel and maintain our fleet of medical vehicles.

We are very grateful for the generosity of Hutt City Council, Upper Hutt City Council, and the TG Macarthy Trust for providing the funds for two new vehicles. Thank you for your support to enable us to maintain our fleet of vehicles and continue providing services to the community.

VOLUNTEERS NEEDED!

Our volunteers are at the heart of everything we do at Te Omanga Hospice. We currently have volunteer retail positions available for various shifts in Wainuiomata, and in our Lower Hutt retail and furniture stores. We also have volunteer vacancies in our kitchen and housekeeping teams based at Woburn Road. If this is of interest and you would like to join our friendly team, please email volunteers@teomanga.org.nz.

KERERŪ GARDEN MURAL



Our Hospice gardens often have a few kererū living in the trees, however now with this incredible new mural our staff and visitors can see kererū all year round.

Thank you to Joe McMenamin for creating this beautiful artwork. It adds so much peace and tranquility for everyone to enjoy.

RECORD-BREAKING DONATION!



We are so thankful for the incredible support of Farmers Queensgate, Farmers Upper Hutt, and their wonderful customers in the lead-up to Christmas. A new record of \$52,269.81 was raised for Te Omanga Hospice through the Trees of Remembrance and purchases of the Hospice Baubles.

More than 15,000 baubles were sold at Farmers stores nationwide, with stores raising funds for their local Hospice. A very special thank you to everyone who donated. Your generosity makes a big difference to helping us provide services to those with life-limiting or terminal illnesses in our community.

Save The Date

VINTNERS' LUNCH SUNDAY 23 JULY 2023

Our biggest fundraising event of the year, Vintners' Lunch, will be held on Sunday 23 July at the Lower Hutt Events Centre. It's a much-anticipated event which raises vital funds for the people we care for. Tickets will go on sale closer to the time. You can register your interest at events@teomanga.org.nz

We are currently looking for fabulous prizes for our live and silent auction, and mystery envelopes. It's a great way to show your support and raise your business profile in our local community. If you can help, please email events@teomanga.org.nz

TE OMANGA HOSPICE ANNUAL GOLF DAY



Teams were out in force for our annual golf day in association with Kensway at the end of February at Boulcott's Farm Heritage Golf Club. The day featured a lot of fun, team spirit and a range of delicious food.

Thank you to all those who contributed and helped make this day happen through your participation, hole sponsorship, donation of items, purchasing items in the auction, and more.

We are once again very grateful to our longstanding supporters of the tournament, Kensway. The Kensway team supported Te Omanga Hospice through the rebuild of our Hospice, providing project management and advocacy on our behalf, and now continue to support through sponsoring the tournament each year.



ANNUAL STREET DAY APPEAL

We simply couldn't provide the service we do, free of charge, to all those who need it without the generous support of our community.

We are holding our Annual Street Day Appeal on 19-20 May this year, during National Hospice Awareness Week. Keep an eye out for our collectors in their bright pink aprons in a range of locations around the Hutt Valley. We appreciate any donation you are able to give our Hospice and we thank you for supporting patients and whānau in our community.

If you would like to get involved and volunteer to help us for our Street Day Appeal, please let us know. We would also love to hear from local businesses who would like to manage one of our collection sites by using their staff as volunteers. Please email fundraising@teomanga.org.nz

Thank you!

Kāhore taku toa i te toa takitahi, he toa takitini

We cannot succeed without the support of those around us

Our grateful thanks to the following who have recently supported our work with a generous grant, bequest, Day of Care, sponsorship or in-kind donation.

WFS | WHITING FINANCIAL SERVICES LTD
www.whitingfinancial.co.nz

Whiting Financial Services held their annual golf day in support of Te Omanga Hospice, raising an incredible \$25,000. Thank you for your ongoing support.

Abigail & Charles Shelley
Action Civil Limited
Andy Soper
Apparelmaster Australasia Ltd
Ben Shadbolt
Bridgette Hanrahan
Cassie Murphy
Christopher McKeown
Clegg Family Charitable Trust
Creative Mouse Design
Crombie Lockwood
Dixon & Dunlop
Dominator Garage Doors
Door City Wellington Limited
Dorothy L Newman Charitable Trust
Duncan McGregor 2018 Limited
Elaine Wallace
Estate of Eleanor Margaret Trusler
Estate of Ellen Ngaire Cooper
Estate of Eunice Jane Mowles
Estate of Linda Frances Ereckson
Estate of Margaret Rose Nolan
Estate of Montague Stirling Johnson
Estate of Patricia Elizabeth Keats
Estate of Roger Mowat Mackie

Estate of Tryntje Vlaar
Estate of Venice Edith Ada Mander
Farmers Trading Company Ltd
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Heretaunga Bookfest Charitable Trust
Hewsons OPD
Hutt City Council
Hutt City Dental Centre
Ian Gwynne-Robson
Ivan & Nancye Davis Charitable Trust
Jack Jeffs Charitable Trust
Janice Henson
Jewel Petone
John & Gail O'Leary
John & Muriel Hopper Charitable Trust
John Henderson
Just Property Management
Keith & Robyn Gibson
Keith McKenzie
Kelleher Charitable Trust
Kieran & Kitty Cormack & Lalla
Laser Electrical Wellington East

Lions Club of Silverstream
McKone Consultancy
McMillan Fences and Gates
Moonshine Rod and Custom/American Vehicle Day
Nancy Staples
New World - Railway Metro
Ocean Springsteen
Peak Electrical
Peter & Julie Savage
Peter & Rachel Puddick
Rod & Liz Gillespie
Sumati Govind
Sybil Lane Charitable Trust
TG Macarthy Trust
Tony Stallinger
Trentham Community House Charitable Trust
Upper Hutt City Council
Valley Three Putt Club
W M Bamford & Co Ltd
Wellington Fuchsia Society
Whiting Financial Services
William Noel Pharazyn Charitable Trust
Z Energy



Thank you to Blue Star New Zealand for your generous donation helping to support the patients and families we care for.

