

more than words



Te Omanga Hospice
Te Whare Manaaki Tangata

News and views – November 2023

THANK YOU FOR YOUR SUPPORT

As we near the end of the year, I would like to take this opportunity to thank each and every person who has supported Te Omanga Hospice this year, in any way they could.

I am humbled and extremely grateful for the contribution our whole team of donors, supporters and volunteers make to our patients and their families, many of whom feature in this newsletter. Thank you for your wonderful support.

Over the past year, Te Omanga Hospice cared for 669 patients and families, our clinical team made 6,020 visits to patients in the community and one in every three people who died in the Hutt Valley had Te Omanga Hospice involved in their care. Those people ranged in age from 4 months old to 107 years old. The support we receive makes it possible for us to provide this free palliative care support to all people in the Hutt Valley who need it.

This year we needed to raise \$5 million, approximately 45% of our funding needs to ensure our services continue, with our fundraising and retail teams

focused on this task. The balance is provided through our contracts with Te Whatu Ora Health NZ to provide services to the Hutt Valley and Wairarapa communities.

We continue to be overwhelmed by the support and donations raised through numerous community-led events, which were held throughout the year. This year saw another successful Annual Street Appeal, Vintners' Lunch and Golf Tournament, made possible through the support of our generous community, guests, volunteers and brilliant event committees.

We also opened a new furniture shop in Bunny Street, which is proving a great initiative after trading from several pop-up stores. This brings the total number of Te Omanga Hospice shops to five across the Hutt Valley, as well as our online shop.



I look forward to the year to come, connecting with many of you at our events and in the Hutt Valley community. Thank you once again for your support and generosity over the year.

Wishing you and your whānau a safe and joyful holiday season.

Warmest regards

Biddy Harford MNZM
Chief Executive
Te Omanga Hospice

TE OMANGA HOSPICE COUNSELLOR'S DEBUT NOVEL

Nan Blanchard is one of our Counsellors in the Family Support team at Te Omanga Hospice who provide emotional support for people with a terminal or life-limiting illness as well as bereavement counselling for their whānau and friends.

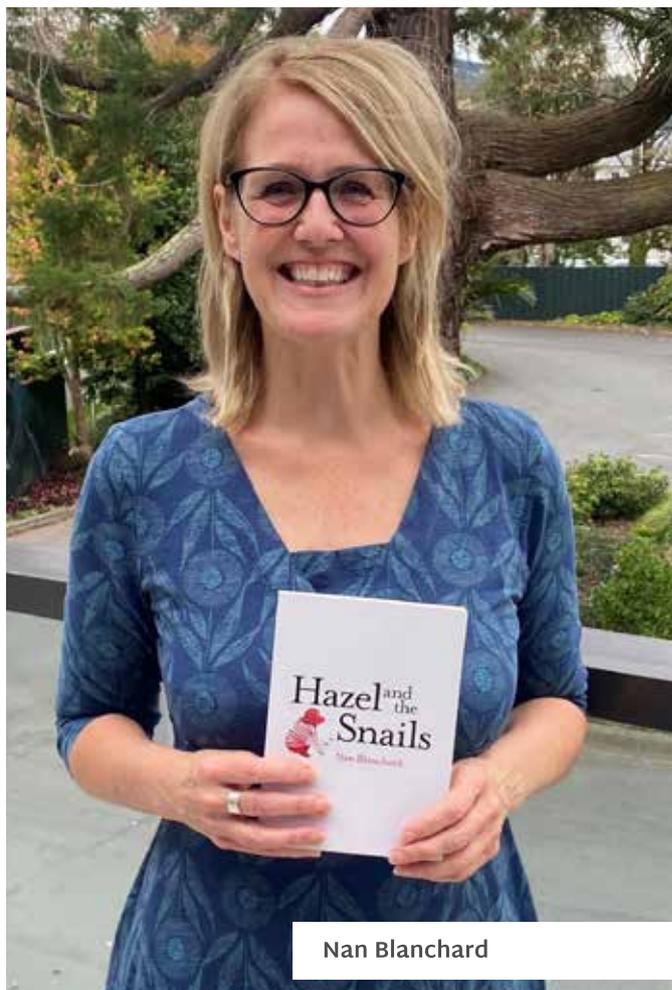
"I really enjoy working with our patients and their families, there are so many lovely things about the work we do, and it is such a huge privilege to be with people at this time of their lives," says Nan.

Nan also works as a contractor for 'Blueprint for Learning', co-facilitating mental health workshops, and in 2019 she celebrated the release of her debut novel *Hazel and the Snails*.

The story of *Hazel and the Snails*, written for middle readers, quietly observes the wonder of a child's imagination and follows six-year-old Hazel and her efforts to tend to her shoebox full of snails. Nan's writing beautifully captures Hazel's world as she navigates her father's illness, decline, and eventual death. Giselle Clarkson's clever black and white illustrations includes little snails moving along the pages and with moments of humour and great tenderness, *Hazel and the Snails* connects to the hearts of both adults and children.

Nan started writing *Hazel and the Snails* when she took part in a writing group facilitated by well-known New Zealand children's novelist, Kate De Goldi. *"We produced pieces each week and workshopped them together. It all grew from there, and I was then given the wonderful opportunity to have Kate as my mentor,"* says Nan.

"When I wrote this book, I didn't know that I would ever work at a hospice so that was a lovely coincidence in a sense. I didn't write the story with any intention to set out to teach people about children and grief, but I suppose inevitably I drew on my personal experiences and professional understanding of grief when I started writing. I grew up with a father who was very unwell, and although he didn't die until I was 18, his illness formed much of the fabric of my childhood," says Nan.



Nan Blanchard

She continues, "When I think about Hazel as a six-year-old, I think about the bewildering adult world children inhabit and the various ways they try to make sense of things that are beyond their understanding. Hazel is very much an amalgamation of my own two children at Hazel's age, and when writing about her, I drew on memories of them both."

Nan recalls the various locations she wrote her book, including at the Edinburgh Book Festival, sitting in London cafés, and different areas around her house. *"It took me about a year to complete, and then it was published by Annual Ink and Massey University Press."*

When Nan isn't working or writing, she is swimming, walking and reading to her baby granddaughter who adores books and constantly asks for her favourites. Books are a huge part of Nan's life, and she loves sharing the joy of stories and rhythm of language with her family's new baby.

Nan says, "As so many authors emphasise, in order to be a writer, you need to be a reader. Reading teaches you how to write as well as informs your desire to write. It is also important for so many other reasons. For example, it plays a key role in the development of empathy. It offers the opportunity to stand in somebody else's shoes and see something from their perspective as well as broadening our minds in all sorts of useful ways.

For many years I worked as a Counsellor Educator at Massey University and something I would often say to students is, read lots of novels to learn about people and the world, it's one of the most valuable forms of counsellor training you can do."

Nan continues, "My hope for *Hazel and the Snails*, and for anything else I write is that people will just enjoy the magic of the story."



Hazel and the Snails is available for purchase at good independent bookshops for \$22. Nan has generously made 20 copies available for sale here at the Hospice at the reduced price of \$10. To purchase a copy, email fundraising@teomanga.org.nz or visit the Hospice Reception at Woburn Road. All proceeds will be donated to Te Omanga Hospice. Thank you, Nan!

VINTNERS' LUNCH 2023 - AN AMAZING RESULT



BRADY DYER

Photos by Brady Dyer Photography

On Sunday 23 July, we held our 15th annual Vintners' Lunch with a Moroccan Bazaar theme. It was wonderful to see some fantastic costumes and everyone out supporting our hospice and the patients and families we care for.

Guests indulged in six delicious courses of food, savouring the flavours of Morocco, while they enjoyed brilliant entertainment from Shaun Preston, and Society Entertainment. Our live and silent auctions were a hit with guests bidding on an array of exclusive items and experiences.

An incredible \$220,000 was raised from this event! We are so grateful and are once again overwhelmed by your generosity and support.

The success of this event is due to the kindness and support of everyone who contributed to, and attended this event. Thank you to the Vintners' Lunch organising committee, all the volunteers, our brilliant sponsors and supporters, the amazing chefs, and all the guests who attended. You all made the day such a success.

SAVE
THE
DATE

Vintners' Lunch 2024
15 September

THANK YOU RUTHERFORD & BOND AND KING TOYOTA!



We are incredibly grateful for Rutherford & Bond and King Toyota's ongoing partnership with Te Omanga Hospice, over many years.

The Rutherford & Bond and King Toyota team provide us with the ongoing use of a vehicle free-of-charge, support our fleet of cars so our community nurses can visit patients in their own homes, volunteer their time during our Annual Street Appeal, promote and share our events through their own channels, and have provided a 6-month lease of a car as an auction prize for our Vintners' Lunch for the last 3 years!

We rely on, and are very grateful for, the support from our community of people and businesses around us. Thank you for your amazing support, generosity and kindness.

You may see Rutherford & Bond and King Toyota's new 'Team Transporter' van driving out in the community. The new van was recently completed and features some familiar faces from the Hospice.

The Rutherford & Bond and King Toyota 'Team Transporter' is available to groups and organisations in the community that need to transport people or goods to games, competitions, or other events.

You might be part of a charity, not-for-profit, school, local sports team, church group or other organisation.

The van seats 10 people and can be used for free for up to 2 days. Longer hire periods may be considered at the discretion of Rutherford & Bond and King Toyota.

To find out more or to submit a booking request, visit www.toyota.co.nz and use the search field to search Team Transporter.

10 TABLES CHRISTMAS TOUR

For several years, hundreds of people have enjoyed our 10 Tables Christmas event, touring Hutt Valley homes, beautifully decorated for Christmas. Each year we were amazed with the creativity that would evolve.

In 2023, and going forward, our 10 Tables Event will no longer be running. Past events were supported by many homeowners who very kindly opened their homes to the public, and we appreciate them and all those who generously supported our hospice. Thank you so very much.

There are still plenty of ways you can get involved. Keep an eye out for our other fabulous events happening throughout 2024.



DYING TO KNOW DAY

Dying to Know Day is a day that encourages conversations around dying, death and grief which impacts us all at some point.

Our theme for the Dying to Know Day this year was 'Is it ok to talk about Dying & Death?'.

We held a series of interactive sessions at our local Hutt City Libraries, inviting the community to answer this question by placing a button in one of three jars representing the answers: Yes, Maybe or No.

The overall tally collected from Petone, Wainuiomata and War Memorial Hub was:

Yes: 768 buttons

Maybe: 196 buttons

No Way: 341 buttons

Thank you to Hutt City Libraries and to all those who participated, we enjoyed the fantastic conversations that came out of these sessions.



OUR WONDERFUL VOLUNTEERS



Jenny volunteers every Thursday on reception, and during the week she is busy knitting teddy bears for our Family Support team to use in counselling sessions with children.

Each bear has a unique expression which enables another way for children to express their emotions. Jenny kindly makes 3 or 4 bears every week and also some knitted hearts for our patients and families, she's one amazing lady.

We are so grateful to all our volunteers that share their unique talents to make a difference!

A special shout out to our incredible team of volunteer floral arrangers! This beautiful arrangement with stunning proteas was one on display in our hospice reception for our patients, families, visitors and staff to enjoy.



SUPPORT TE OMANGA HOSPICE AND ENJOY 100'S OF EVERYDAY SAVINGS!

Your purchase of an Entertainment Membership helps keep our services free for the community, with 20% of every membership purchased going towards supporting our hospice.

For only \$69.99 for a 12-month membership, Entertainment is the easy-to-use App packed with incredible savings of up to 50% off and 2-for-1 offers, so you can save on takeaway, dining, shopping, groceries, gift cards, activities and more!

For more information and to purchase a Membership, search 'Te Omanga Hospice Entertainment Book' in your chosen internet browser.

Thank you for your support.



TE OMANGA HOSPICE PEPEHA O TE OMANGA

A key priority this year has been to progress our aim to provide equity of access to all people with palliative care needs. Key to this work is the introduction of Mauri Mate, a Framework developed by Hospice New Zealand to guide palliative care delivered to adult Māori.

Te Omanga Hospice recently launched 'Te Mahau', a brilliant new set of Te Ao Māori resources for staff and volunteers to enhance care through tikanga Māori.

Over the last year, liaison with Mana Whenua has led to the development of a Te Omanga Hospice Genealogy and Pepeha. The Hospice was gifted this pepeha (introduction) by our local Rangatira (Māori leader), Kura Moeahu. This pepeha describes our place in Te Awakairangi, the Hutt Valley, and helps staff understand the whenua they are connecting to and the history of the Hospice.

Te Mahau also includes a booklet containing a range of waiata and karakia that hospice staff can carry in their back pocket as a valuable tool to connect with and care for Māori patients.

TE OMANGA HOSPICE PEPEHA

Ko Pukeatua te maunga

Ko Okautu te awa

Ko Umumamaku te whakatupu kai o nehe

Ko Te Kāhui Ngākau Aroha te whare

Ko Te Omanga manaaki tangata tēnei.

Pukeatua is the mountain

Okautu is the stream

Umumamaku once the traditional cultivation site

Te Kāhui Ngākau Aroha is our house

This is Te Omanga who cares for the people.

Te Atiawa Rangatira, Kura Moeahu.



MĀNAWATIA A MATARIKI



To celebrate Mānawatia a Matariki, a special ceremony was held in the Hospice grounds, which was a chance to remember those who have died during the year, celebrate the present, look to the future and plan for the year ahead.

We also had the wonderful Moira Wairama, a NZ Storyteller, read her beautiful storybook 'Nanny Jo and the Wild Mokopuna', a touching story about Jo that celebrates grandmothers, while also highlighting the significance of Matariki as a time to farewell the spirits and celebrate the Māori New Year.



SHOUT OUT



TO OUR COMMUNITY

BNI HUTT CITY QUIZ NIGHT

Massive thank you to BNI Hutt City Chapter who recently raised an incredible **\$10,243** for Te Omanga Hospice.

To fundraise, they held a quiz night at the Petone Rugby Club which was attended by 116 people. There were prizes galore, amazing food, and very thought provoking questions.

Many thanks to everyone who attended, plus the businesses who donated prizes.





Thank you!

Kāhore taku toa i te toa takitahi, he toa takitini

We cannot succeed without the support of those around us



A massive thank you to Silverstream Lions Club. Their fundraising efforts of over a year, matched with donations from the Estate of the late Lloyd May, have enabled us to purchase a much needed generator for our hospice. This is a vital piece of equipment which will ensure that Te Omanga Hospice can keep operating, should our power fail.



We also wish to thank all the amazing Te Omanga Hospice supporters, guests and volunteers who made our 15th Annual Vintners' Lunch such a success.

OUR GRATEFUL THANKS TO THE FOLLOWING WHO HAVE RECENTLY SUPPORTED OUR WORK WITH A GENEROUS GRANT, DAY OF CARE, SPONSORSHIP, COMMUNITY EVENT, OR IN-KIND DONATION.

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| Advance Electrical Wholesalers, Lower Hutt | Jess Dewsnap Photography | Pelorus Trust |
| Alfred Memelink | Jewel Petone | Penny Walker |
| Alvaro Candela - Soprano Petone | John & Ann Topp | Peryer Construction |
| Apex Print & Design | John Bank | Peter & Julie Savage |
| Ashish Dhar- Sarin Hotel | Kāpura | Philippa O'Neill |
| Bar Fridges New Zealand | Kensway Property Consultants (Central) Limited | Placemakers Hutt City |
| BFT Lower Hutt | King Toyota | Powertool Centre - Petone |
| BNI Biz for Upper Hutt | Laurent Loudeac - Tartines Cafe | Proserve Electrical Ltd |
| Brady Dyer | Life Pharmacy Queensgate | Rhiannon Jarvis |
| Bronwyn Ginty | Light House Cinema | Rod & Liz Gillespie |
| Cactus Events | Lions Club of Lower Hutt | Ron & Fran Dixon |
| Chetan Pangam- One80 Restaurant | Lone Star Petone | Roz Brown |
| Dixon & Dunlop | Lower Hutt Events Centre | Shelley Bascand and the Webby family |
| Dulux | Maher Shoes, Wellington | Sherrington's Jewellers |
| Eastbourne-Bays Community Trust | Marie Dutch | Sotheby's International Realty - Ian Klinac |
| Elaine Wallace | Marlborough Tour Company | Stash |
| Gee & Hickton Funeral Directors | Marlborough Wine Tours | Streamliner Productions |
| Gilmours Wholesalers, Wellington | Matahiwi Estate | Sue Guppy |
| Glenburn Station | McLauchlan Electrical | Sybil Lane Charitable Trust |
| Godfreys Lower Hutt | Mitre 10 MEGA, Petone | The Cardrona Distillery |
| Grant & Wendy Quinn | Monica Galetti - Mere Restaurant | The Patricia Beverley O'Brien Charitable Trust |
| Hangdog | New Zealand Community Trust | The Photo Eyes Gallery |
| Heretaunga Bookfest Charitable Trust | NZME | The Surveying Company |
| Hiremaster | O'Reillys Garage | Thomas Dewar Sziranyi Letts - Lawyers |
| HVHS Gateway Programme | Ocean Springsteen | W M Bamford & Co Ltd |
| Irene Baker Foy Trust | One Aotearoa Foundation | Wellington Regional Stadium Trust |
| Ivan & Nancye Davis Charitable Trust | Pak 'n' Save Upper Hutt | Wikki Wikki Lodge |
| Jack Jeffs Charitable Trust | Paul and Vanessa O'Reilly | Wild Bird Designs |
| Jan Henderson | Paulas Home and Living | |
| Jenny Fyfe | | |

We thank these funders for their support over the past year:



23 FEBRUARY 2024

TE OMANGA HOSPICE

GOLF TOURNAMENT

IN ASSOCIATION WITH



KENSWAY

**\$600 INCL GST
FOR A TEAM**

BOULCOTT'S
FARM HERITAGE
GOLF CLUB

To pre-register your team,
email Rebecca Routhan at
events@teomanga.org.nz

Our annual Golf Tournament in association with Kensway is on 23 February 2024 at Boulcott's Farm Heritage Golf Club.

The 2023 Golf Tournament saw an amazing \$64,910 raised on the day, but once the final tally was done this grew to an incredible \$68,646 raised for Te Omanga Hospice - the most successful tournament yet. Our thanks to Kensway, the tournament sponsor and the Golf Committee whose hard work and commitment made this event possible - John Morgan, (pictured with CE Biddy Harford), Lyncia Podmore, Jan Palmer, Rod Gillespie, Brian Clarke and Grant Quinn.

Save the date for 2024, get your team of four sorted and join everyone coming together to support our hospice and the patients and families we care for.



John Morgan and Biddy Harford at the 2023 Golf Tournament

TAX CREDITS FOR DONATIONS

Did you know you may be able to claim 33.33 cents for every dollar you donate to Te Omanga Hospice? As an approved donee organisation, tax credits are available for donations of \$5 or more. Find out more at ird.govt.nz

I would like to support Te Omanga Hospice with a donation

Name Donor number (if known)

Address

Email

Mobile Number

Please accept my gift of: \$35 \$50 \$100 \$200 or my choice of \$

DONATION METHOD: (please tick preferred option)

INTERNET BANKING: Bank Account **06 0507 0816463 00** or search for 'Te Omanga Hospice' as a payee online. Ref **NOV23**

CREDIT CARD: Please charge my gift to **VISA** **MASTERCARD**

Card No: Expiry: /

Name on card: Signature:

WEBSITE: www.teomanga.org.nz. Press the 'Pink Donate' button on our homepage.

I would like to be contacted about making a monthly donation by Automatic Payment or Credit Card

I would like someone to contact me about leaving a Bequest in my Will to Te Omanga Hospice

We no longer accept cheques. If you need help donating please call us on 04 979 6681

Te Omanga Hospice Trust
Registered Charity Number 22248

Please return in the envelope provided or post to:
PO Box 30814, Lower Hutt 5040

Donations \$5 and over are tax deductible.

A receipt will be provided.

Thank you for your support

